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Student Health
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College of Nursing
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Innovation

Stall Street Journal

Created by:
Analyn Reyes &
Jenna White
Student Nurses

NATIONAL CONDOM DAY

DID YOU KNOW?

Lubricants made with
oils weaken latex
making it more likely
to break! (Only use
water or silicon
based)

Total abstinence is the only
way to be 100% protected.
If you choose to be sexually
active, using condoms
greatly reduces your risk!

How to select a condom:

1. Choose latex (rubber) or polyurethane (plastic).
2. Pick a size that isn't too tight or loose. Standard size fits most men.
3. Compare features/brands.
4. Check expiration dates. There should be a date stamped on the package.

**Most condoms are good 3-5 years if stored properly. (Don't keep them in your wallet - they won't last this way.)



REMEMBER:
For maximum
protection
against STDs, use
a condom during
ANY sexual
activity, whether
vaginal, anal or
oral.



♥Learn more at our ♥
Valentine's Day Event
2/13/09 11:30-1
Union TV Lounge
Win a giant Bear!
♥♥♥ Many prizes♥♥♥

Where can I get condoms?

The Polytechnic Student Health Center provides a FREE unlimited supply of condoms to students (latex and non-latex available). Bathrooms on campus carry condoms for 50¢ You can also purchase condoms without a prescription at many stores.



For An Appointment or More Information Contact:
ASU Polytechnic Student Health Center: 7153 E. Thistle Ave.
Phone: (480) 727-1500 Appointments 9 a.m.-1 p.m. & 1:30-4:30 p.m.
Use ASU Student Insurance or we'll bill yours. Discount program available.

